

Memory Care Check-In Interview

Find out how the residents' interests are changing to ensure the most up to date and personalized insights on engagement and Quality of Life within the community. Consider these questions as helpful guidelines to facilitate conversations. Enjoy the process!

Daily Activities and Interests

- ☐ What kinds of hobbies or interests do you have?
- ☐ Would you say that you are satisfied with your leisure time? (Scale: 0-4)
- ☐ Would you say that your leisure time is important to you? (Scale: 0-4)
- ☐ Small groups or large groups?
- ☐ What board games or card games do you enjoy?
- ☐ What kinds of physical activities do you like to do now?
- ☐ Do you enjoy watching sports?
 - ☐ Favorite sport(s)
 - ☐ Favorite team(s)
- ☐ How satisfied are you with your opportunities to be creative? (Scale: 0-4)
- ☐ Would you say being able to be creative is important to you? (Scale: 0-4)
- ☐ Are you interested in any arts?
- ☐ Favorite kind of music?
- ☐ How satisfied are you with your learning opportunities? (Scale: 0-4)
- ☐ How important to you is learning and having the opportunity to learn? (Scale: 0-4)
- ☐ Do you like to read?

Faith and Religion

- ☐ What kinds of personal faith activities do you enjoy?
- ☐ What could we provide to support your spiritual journey?

Values

- ☐ Would you say that you are satisfied with yourself as a person? (Scale: 0-4)

- ☐ Is your satisfaction with yourself as a person important for your quality of life? (Scale: 0-4)

Looking Back and Within

- ☐ Would you say that you are satisfied with how you view your life? (Scale: 0-4)
- ☐ Is how you view your life important for your quality of life? (Scale: 0-4)
- ☐ What actions or support can we provide to help you continue pursuing your life goals and maintain your overall satisfaction?

Taking Care of You

- ☐ Is there anything that we can help you with to keep you comfortable?
- ☐ What calms you and/or reassures you in times of stress?

Dining

- ☐ What is your favorite food?
- ☐ What foods do you typically avoid?

Friendships

- ☐ How important are friends and friendships to you? (Scale: 0-4)
- ☐ How satisfied are you with your friends and friendship? (Scale: 0-4)

High-Level Health

- ☐ In general, would you say your quality of life is very poor, poor, neither poor nor good, good, or very good?
- ☐ In general, would you say that your health is excellent, very good, good, fair, or poor?