

# Check In Interview

Find out how the residents' interests are changing to ensure the most up to date and personalized insights on engagement and Quality of Life within the community. Consider these questions as helpful guidelines to facilitate conversations. Enjoy the process!

## Daily Activities and Interests

- ☐ What does a typical day look like for you? Morning, evening routines
- ☐ What kinds of hobbies or interests do you have?
- ☐ **Would you say that you are satisfied with your leisure time? (Scale: 0-4)**
- ☐ **Would you say that your leisure time is important to you? (Scale: 0-4)**
- ☐ **How satisfied are you with your opportunities to be creative? (Scale: 0-4)**
- ☐ **Would you say being able to be creative is important to you? (Scale: 0-4)**
- ☐ **How satisfied are you with your learning opportunities?(Scale: 0-4)**
- ☐ **How important to you is learning and having the opportunity to learn? (Scale: 0-4)**
- ☐ Are there any activities we could offer that we don't currently have that you would be interested in?

## Faith and Religion

- ☐ What could we provide to support your spiritual journey?

## Values

- ☐ **Would you say that you are satisfied with yourself as a person? (Scale: 0-4)**
- ☐ **Is your satisfaction with yourself as a person important for your quality of life? (Scale: 0-4)**
- ☐ What do you find fulfilling or gives you a sense of purpose?

## Looking Within

- ☐ **Would you say that you are satisfied with how you view your life? (Scale: 0-4)**
- ☐ **Is how you view your life important for your quality of life? (Scale: 0-4)**
- ☐ What actions or support can we provide to help you continue pursuing your life goals and maintain your overall satisfaction?

## Dining

- ☐ What is your usual dining routine?

## Friendships

- ☐ **How important are friends and friendships to you? (Scale: 0-4)**
- ☐ **How satisfied are you with your friends and friendship? (Scale: 0-4)**

## Quality of Life and Health

- ☐ **In general, would you say your quality of life is very poor, poor, neither poor nor good, good, or very good?**
- ☐ **In general, would you say that your health is excellent, very good, good, fair, or poor?**

## Social Determinants of Health (if participating community)

- ☐ Is a lack of reliable transportation currently keeping you from medical appointments or getting things needed for daily living?
- ☐ Are you worried about losing your housing?
- ☐ Do you always have enough food?
- ☐ Do you feel safe from harm?