

Resident Profile Interview: Memory Care

TSOLife brings you the first resident profile interview of its kind, crafted by hours of curating the ideal questions to generate comprehensive digital resident profiles that enhance meaningful engagement and Quality of Life improvements. With the TSOLife Staff App, simply press record and engage in a personalized one-on-one conversation with your new resident. Consider these questions as helpful guidelines to facilitate in-depth conversations. Enjoy the process!

The Basics

- ☐ What is your name?
- ☐ What do you prefer to be called?
- ☐ When and where were you born?
- ☐ Do you have any children?
- ☐ What is your favorite holiday?

Career and Military Service

- ☐ What did you do for work?
- ☐ Were you in the military?
 - ☐ Branch

Daily Activities and Interests

- ☐ What kinds of hobbies or interests do you have?
- ☐ **Would you say that you are satisfied with your leisure time? (Scale: 0-4)**
- ☐ **Would you say that your leisure time is important to you? (Scale: 0-4)**
- ☐ Small groups or large groups?
- ☐ What board games or card games do you enjoy?
- ☐ What kinds of physical activities do you like to do now?
- ☐ Do you enjoy watching sports?
 - ☐ Favorite sport(s)
 - ☐ Favorite team(s)
- ☐ **How satisfied are you with your opportunities to be creative? (Scale: 0-4)**
- ☐ **Would you say being able to be creative is important to you? (Scale: 0-4)**
- ☐ Are you interested in any arts?
- ☐ Favorite kind of music?
- ☐ **How satisfied are you with your learning opportunities? (Scale: 0-4)**

- ☐ **How important to you is learning and having the opportunity to learn? (Scale: 0-4)**
- ☐ Do you like to read?

Faith and Religion

- ☐ Do you consider yourself a religious person?
- ☐ What denomination?
- ☐ What kinds of personal faith activities do you enjoy?
 - ☐ Bible study
 - ☐ Prayer
 - ☐ Hymn singing
 - ☐ Church services
 - ☐ Prayer groups
- ☐ What could we provide to support your spiritual journey?

Values

- ☐ What are things that mean a lot to you?
- ☐ **Would you say that you are satisfied with yourself as a person? (Scale: 0-4)**
- ☐ **Is your satisfaction with yourself as a person important for your quality of life? (Scale: 0-4)**

Looking Back and Within

- ☐ **Would you say that you are satisfied with how you view your life? (Scale: 0-4)**
- ☐ **Is how you view your life important for your quality of life? (Scale: 0-4)**

Resident Profile Interview: Memory Care

- ☐ What actions or support can we provide to help you continue pursuing your life goals and maintain your overall satisfaction?

Taking Care of You

- ☐ Is there anything that we can help you with to keep you comfortable?
- ☐ What calms you and/or reassures you in times of stress?
- ☐ Are there any specific triggers for you that can affect mood or behavior changes?

Dining

- ☐ What is your favorite food?
- ☐ What foods do you typically avoid?

Other Things to Note

- ☐ Are there any animals that you're afraid of?
- ☐ Are there any animals that you love?
- ☐ Why did you choose to move into this community specifically?
- ☐ What can we do to make the transition easier on you?

Friendships

- ☐ **How important are friends and friendships to you? (Scale: 0-4)**
- ☐ **How satisfied are you with your friends and friendship? (Scale: 0-4)**
- ☐ If someone wanted to get to know you and become a friend, what would be the best way?

Quality of Life and Health

- ☐ **In general, would you say your quality of life is very poor, poor, neither poor nor good, good, or very good?**
- ☐ **In general, would you say that your health is excellent, very good, good, fair, or poor?**

Social Determinants of Health (if participating community)

- ☐ Is a lack of reliable transportation currently keeping you from medical appointments or getting things needed for daily living?
- ☐ Are you worried about losing your housing?
- ☐ Do you always have enough food?
- ☐ Do you feel safe from harm?