

Resident Profile Interview

TSOLife brings you the first resident profile interview of its kind, crafted by hours of curating the ideal questions to generate comprehensive digital resident profiles that enhance meaningful engagement and Quality of Life improvements. With the TSOLife Staff App, simply press record and engage in a personalized one-on-one conversation with your new resident. Consider these questions as helpful guidelines to facilitate in-depth conversations. Enjoy the process!

The Basics

- ☐ What is your name?
- ☐ What do you prefer to be called?
- ☐ What is your primary language?

Growing Up

- ☐ When and where were you born?
- ☐ What is your favorite holiday?
- ☐ What hobbies did you enjoy when you were young?

Family

- ☐ Are you married?
- ☐ What is your spouse's name?
- ☐ When is your anniversary?
- ☐ Do you have any children?

Career and Military Service

- ☐ What did you do for work?
- ☐ Were you in the military?
 - ☐ Branch

Education

- ☐ Education level
- ☐ Names of schools
- ☐ Degrees

Daily Activities and Interests

- ☐ What does a typical day look like for you? Morning, evening routines
- ☐ What kinds of hobbies or interests do you have?
- ☐ **Would you say that you are satisfied with your leisure time? (Scale: 0-4)**

- ☐ **Would you say that your leisure time is important to you? (Scale: 0-4)**
- ☐ Do you enjoy doing things with other people or more on your own?
- ☐ Small groups or large groups?
- ☐ What board games or card games do you enjoy?
- ☐ What kinds of physical activities do you like to do now?
- ☐ Do you enjoy watching sports?
 - ☐ Favorite sport(s)
 - ☐ Favorite team(s)
- ☐ Do you like movies or television?
 - ☐ Favorite movies
 - ☐ Favorite TV shows
- ☐ **How satisfied are you with your opportunities to be creative? (Scale: 0-4)**
- ☐ **Would you say being able to be creative is important to you? (Scale: 0-4)**
- ☐ Are you interested in any arts?
- ☐ Do you have any musical interests?
- ☐ Favorite kind of music?
- ☐ **How satisfied are you with your learning opportunities? (Scale: 0-4)**
- ☐ **How important to you is learning and having the opportunity to learn? (Scale: 0-4)**
- ☐ What do you enjoy studying, or what would you like to learn about?
- ☐ Do you like to read?
 - ☐ Favorite reading materials
- ☐ Are there any activities we could offer that we don't currently have that you would be interested in?
- ☐ Are you technology savvy?

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Faith and Religion

- ☐ Do you consider yourself a religious person?
- ☐ What denomination?
- ☐ What kinds of personal faith activities do you enjoy?
 - ☐ Bible study
 - ☐ Prayer
 - ☐ Hymn singing
 - ☐ Church services
 - ☐ Prayer groups
- ☐ What could we provide to support your spiritual journey?

Values

- ☐ **Would you say that you are satisfied with yourself as a person? (Scale: 0-4)**
- ☐ **Is your satisfaction with yourself as a person important for your quality of life? (Scale: 0-4)**
- ☐ What gives you a sense of purpose?
- ☐ Are you interested in Community/charity work/ volunteering?

Looking Within

- ☐ **Would you say that you are satisfied with how you view your life? (Scale: 0-4)**
- ☐ **Is how you view your life important for your quality of life? (Scale: 0-4)**
- ☐ What actions or support can we provide to help you continue pursuing your life goals and maintain your overall satisfaction?

Taking Care of You

- ☐ What is your personal care routine?
- ☐ Is there anything that we can help you with to keep you comfortable?

- ☐ Are there any specific triggers for you that can affect mood or behavior changes?

Dining

- ☐ What is your usual dining routine?
- ☐ What is your favorite food?
- ☐ What snacks do you typically enjoy?
- ☐ What foods do you typically avoid?

Other Things to Note

- ☐ Do you drive?
- ☐ Do you have any pets?
- ☐ Why did you choose to start looking for a community?
- ☐ Why did you choose to move into this community specifically?
- ☐ What can we do to make the transition easier on you?

Friendships

- ☐ **How important are friends and friendships to you? (Scale: 0-4)**
- ☐ **How satisfied are you with your friends and friendship? (Scale: 0-4)**
- ☐ If someone wanted to get to know you and become a friend, what would be the best way?

Quality of Life and Health

- ☐ **In general, would you say your quality of life is very poor, poor, neither poor nor good, good, or very good?**
- ☐ **In general, would you say that your health is excellent, very good, good, fair, or poor?**

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Social Determinants of Health (if participating community)

- ☐ Is a lack of reliable transportation currently keeping you from medical appointments or getting things needed for daily living?
- ☐ Are you worried about losing your housing?
- ☐ Do you always have enough food?
- ☐ Do you feel safe from harm?